

TIME	PROGRAMME	SPEAKER
0830 - 0900	Registration 登記	
0900 - 1015	Free Paper Presentation I: Sports Rehabilitation 論文報告 I : 運動復康 (E)	MODERATOR: Dr. George LAW, Dr. Man CHUNG
0900 - 0910	Using Trunk Kinematics to Predict Kinetic Asymmetries During Double-leg Jump-landings In Collegiate Athletes Following Anterior Cruciate Ligament Reconstruction **	Miss. Yu SONG (UW - DKH)
0910 - 0920	Lower Psychological Readiness to Return to Sports is Associated with Poor Dynamic Knee Stability After Anterior Cruciate Ligament Reconstruction	Mr. Chun Sing CHOW (CUHK - MED)
0920 - 0930	Posterior Pelvic Tilt is Associated with A High Kellgren and Lawrence Grade in An Elderly Population from The Musfit Cohort	Dr. Cheuk Kin KWAN (CUHK - MED)
0930 - 0940	Acupuncture and Stroke Rehabilitation for The Upper Limb: An Analysis of Motor Functions and Their Underlying Muscle Synergies	Mr. Fung Ting KWOK (CUHK - SBS)
0940 - 0950	Effects of a 12-week Virtual Reality Exercise Training Programme on Physical Fitness in People with Type 2 Diabetes	Miss. Yi Ka AU (POLYU - RS)
0950 - 1000	A Comparative Study of Lower Limb Muscle Activity during Aquatic Treadmill Running at Different Water Depths and Land Treadmill Running for Individuals with ACL Reconstruction	Mr. Hing Fung Kevin LAM (POLYU - RS)
1000 - 1010	Quadriceps Inhibition Maybe an Obstacle for Quadriceps Strength Recovery after Anterior Cruciate Ligament Injury	Ms. Jihong QIU (CUHK - ORT)
1015 - 1030	Break 小休	
1030 - 1150	Free Paper Presentation II: Sports Medicine and Exercise Science 論文報告 II : 運動醫學與運動科學 (E)	MODERATOR: Dr. Bryan LAU, Dr. Derwin CHAN
1030 - 1040	The Morphological Differences in Intrinsic Foot Muscles in Runners with Plantar Fasciitis: A Feasibility Study	Miss. Fannie On Yue LAU (CUHK - ORT)
1040 - 1050	Investigation of Supraspinatus Pathology and Shoulder Pain among Elite Swimmers: A Cross Sectional Study	Mr. Cheuk Ting LAU (POLYU - RS)
1050 - 1100	Lifestyle-based Prediction Models for Risk of Coronary Heart Disease: Integration of Wearable-Derived Physical Activity and Polygenic Risk Scores	Miss. Qiaoxin SHI (HKU - SPH)
1100 - 1110	Sensing and Data Processing for Human Balancing Evaluation	Miss. Yuqing TIAN (HKU - IMSE)
1110 - 1120	A Pilot Study on the Evaluation of Online Mindful Performance Enhancement, Awareness and Knowledge (mPEAK) on Enhancing Sports and Life Experience	Miss. Ka-Kay LO (HKMU - NHS)
1120 - 1130	Evaluation of Force Performance of Elite Swimmers through Tethered Swimming Test: A Pilot Study	Miss. Wan Yu KWOK (POLYU - RS)
1130 - 1140	Brain Electroencephalographic Activities Associated with Aerobic Exercise and Mind-Body Exercise	Mr. Pak Hung, Angus YU (HKU - SPH)
1140 - 1150	The Effects of Once Weekly High-Intensity Interval Training on Improving Body Adiposity in Adults with Obesity: A 9-Month Follow-Up of a Randomized Controlled Trial	Mr. Edwin CHIN (HKU - SPH)
1150 - 1230	Networking Session 交流環節 Poster Session I 海報展示 I (E)	Pre-function Hall, 1/F 一樓會議前廳 Hall 4 - 7, 2/F 二樓會議廳 4-7 Adjudicator: Dr. Lobo LOUIE, Dr. Clare YU

** 以 Zoom 形式進行 Delivered via Zoom format

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TIME	PROGRAMME	SPEAKER
1230 - 1245	Opening Ceremony and FHKASMSS Award Ceremony 開幕典禮 及 FHKASMSS 頒授典禮	
1245 - 1345	Scientific Symposium: "Innovations in Sports Technology: Advancing Sports Medicine and Sports Science" 學術研討會 : 運動科技創新發展 邁向運動醫學及科學新一頁	MODERATOR: Dr. Raymond SO
1245 - 1305	Advancement of Technology in Elite Sport Training and Competition 運動科技發展 : 精英運動培訓及比賽篇 (C)	Dr. Raymond SO Director, Elite Training Science & Technology, Hong Kong Sports Institute (HKSI)
1305 - 1325	Advances in Aero-based Performance Sports Engineering Research 運動工程研究 : 空氣動力學之革新 (E)	Prof. Xin ZHANG Swire Professor of Aerospace Engineering, Chair Professor, Department of Mechanical and Aerospace Engineering, The Hong Kong University of Science and Technology (HKUST)
1325 - 1345	Leveraging the Athletic Performance by Wearing the Best Sportswear 打造高科技運動服裝 提升運動表現 (C)	Dr. Gloria YAO Director, Project Development, Hong Kong Research Institute of Textiles and Apparel (HKRITA)
1345 - 1415	Panel Discussion: "Bridging the Gap Between Developers and End Users – the Obstacles and Opportunities" 專題討論 : 如何拉近開發者及使用者的距離 —— 機會與挑戰 (C)	
	1. Prof. Patrick YUNG, CUHK (Moderator) Chairman, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong (CUHK)	
	2. Dr. Raymond SO, HKSI Director, Elite Training Science & Technology, Hong Kong Sports Institute (HKSI)	
	3. Dr. Peng ZHOU, HKUST Department of Mechanical and Aerospace Engineering, The Hong Kong University of Science and Technology (HKUST)	
	4. Dr. Lei YAO, Gloria, HKRITA Director, Project Development, Hong Kong Research Institute of Textiles and Apparel (HKRITA)	
	5. Mr. King-yin CHAN, HKSI Head Windsurfing Coach, Hong Kong Sports Institute (HKSI)	
	6. Mr. Robert LUI, Deloitte China Government Affairs Unit - Southern Region Leader, Audit & Assurance Partner, Deloitte China	
	7. Mr. Nicholas TSANG, CUHK Hong Kong Triathlete, Current Student, BEd (Physical Education, Exercise Science and Health), Department of Sports Science and Physical Education, The Chinese University of Hong Kong (CUHK)	
1415 - 1430	Break 小休	
1430 - 1545	Free Paper Presentation II: Sports Innovations and Sports Technology 論文報告 III : 運動科技 (E)	MODERATOR: Dr. Raymond SO, Dr. Kamming MOK
1430 - 1440	A Randomised Control Trial to Evaluate the Effect of Geko Device (Neuromuscular Electrical Stimulation Device) on Post-operative Lower Limb Edema in ACL Reconstruction Patients	Mr. Leo Chung-Hei WONG (CUHK - ORT)
1440 - 1450	Flow Simulation Over the Tokyo 2020 Olympic Windsurfing Racecourse Topography	Miss. Celia BERTIN (HKUST - MAE)
1450 - 1500	Application of Fluid Dynamic Analysis in Windsurfing Competitions	Dr. Peng ZHOU (HKUST - MAE)
1500 - 1510	Wind Tunnel Testing for Track Cycling	Mr. Jiaqi MAO (HKUST - MAE)
1510 - 1520	Computational Fluid Dynamic Simulations for Track Cycling Strategies Development	Mr. Kwan Pui MOK (HKUST - MAE)
1520 - 1530	Aerodynamics of Isolated Bicycle Wheel	Mr. Wei YI (HKUST - MAE)
1530 - 1540	Aerodynamic Optimization and Design of Cycling Handlebar	Mr. Sinfiorano CANTOS (HKUST - MAE)

TIME	PROGRAMME	SPEAKER
1545 - 1630	Networking Session 交流環節 Poster Session II 海報展示 II (E)	Pre-function Hall, 1/F 一樓會議前廳 Hall 4 - 7, 2/F 二樓會議廳 4-7 Adjudicator: Dr. Lobo LOUIE, Dr. Clare YU
1630 - 1800	AFSM Scientific Session & International Free Paper Presentation 亞洲運動醫學聯會學術會議 及 海外投稿論文報告 (E)	MODERATOR: Prof. Patrick YUNG, Dr. Parco SIU
1630 - 1640	Changes in Shoulder Kinematics after Fatigue-inducing Intermittent Sprint Exercise in International Wheelchair Rugby Players with or without Shoulder Pain — An Exploratory Study**	Mr. Mui Sing CHAN (LU - SSEHS)
1640 - 1650	Static Balance Control, Muscle Strength and Muscle Mass of the Lower Limbs in Young Females with Forward Head Posture**	Mr. Guohao LIN (UD - CAHID)
1650 - 1700	The Effects of Centre of Mass Redirection and Body Reorientation on Knee Mechanics in Cutting at Different Angles in Male Athletes**	Mr. Nils BOGAARD (LU - SSEHS)
1700 - 1710	Analysis of A Lateral Ankle Sprain Injury in Badminton with A Model-Based Image-Matching Forensic Video Analysis Method**	Miss. Jingdan ZHANG (LU - SSEHS)
1710 - 1720	Injury Pattern According to Player Positions in Youth and University Handball: A Cross-Sectional Study Among 4433 Players**	Dr. Sonoko MASHIMO (OECU - LAS)
1720 - 1730	Peroneal Reaction Time Delayed but Dynamic Single-Legged Stability Retained in Collegiate Footballers During A Simulated Prolonged Football Protocol**	Mr. Zhanyu HUANG (LU - SSEHS)
1730 - 1740	Proprioceptive Neuromuscular Facilitation Improves Symptoms Among Older Adults with Knee Osteoarthritis During Stair Ascending**	Miss. Peixin SHEN (BSU - HMS)
1745 - 1800	Sports Medicine after COVID-19 疫情下的運動醫學「新常態」	Prof. Patrick YUNG Chairman Department of Orthopaedics and Traumatology The Chinese University of Hong Kong (CUHK)
1800 - 1820	Award Presentation Ceremony 頒獎典禮	
1820 - 1830	Break 小休	
1830 - 1930	AFSM ExCo Meeting 亞洲運動醫學聯會幹事會議	Meeting Room, 2/F 二樓會議室

Abstracts of Scientific Symposium & Free Paper Presentations

Free Paper Presentation I:
Sports Rehabilitation



Free Paper Presentation II:
Sports Medicine and Exercise Science



Free Paper Presentation III:
Sports Innovations and Sports Technology



Scientific Symposium: "Innovations in Sports Technology:
Advancing Sports Medicine and Sports Science"



AFSM Scientific Session &
International Free Paper Presentation



Abstract
Original Research



1150 - 1210 Poster Presentation I - Original Research		
No	TOPIC	SPEAKER
1	Evaluation of COVID-19 Restrictions on Distance Runners' Training Habits using Wearable Trackers	Mr. Rhys PEETERS (WSU - SOHS)
2	The Use of Wearable Devices in Monitoring Rehabilitation Progress for People with Low Back Pain: A Systematic Review	Miss. Sze Ming Ada LAI (CUHK - ORT)
3	A Pilot Study of The Effectiveness of An Interactive Immersive Virtual Reality System for Enhancing Exercise Training for People with Type 2 Diabetes: A Randomized Controlled Trial	Miss. Po Po CHAN (POLYU - RS)
4	Literature Reviews of The Application of Sports Information Systems	Dr. Junshi LIU (SZU - HFE)
5	Aero Design And Wind Tunnel Testing Of Skinsuits For Track Cycling	Mr. Chuntai ZHENG (HKUST - MAE)
6	Tai Chi Practitioners Take Advantage of Their Better Somatosensations to Have Superior Visuospatial Ability and Postural Stability during Standing with Goal-Directed Upper Body Movements	Mr. Zhufeng SHAO (SSU - SH)
7	Racewalking on a Treadmill Alters Gait Characteristics without Increasing the Risk of Disqualification	Miss. Xinrui ZHANG (SSU - SH)
8	Effect of Prolonged Badminton Match on Peroneal Muscle Reaction and Fatigue	Mr. Kangjie HU (LU - SSEHS)
9	Effectiveness of Walking Exercise at Moderate and Vigorous Intensity on Alleviating Depression in Older Adults with Clinical Depression: A Pilot Randomized Controlled Trial	Mr. Ju Cheng YU (HKU - SPH)
10	Intervention Effects of Acute and Chronic Exercise on Cognitive Function in Preschool Children: A Meta-analysis	Miss. Huiqi SONG (HKBU - SPEH)
11	Exercise is Medicine Program on Physical Activity and Physical Fitness for Patients with Hypertension and Diabetes	Miss. Xin WEN (CUHK - JCSPHPC)
12	Inter-Joint Coordination of Lower Limbs During Typical Tai Chi Movement in Older Adults	Dr. Min MAO (SDU - NR)
13	Effects of Micro-titanium Impregnated Tape on Muscle Fatigue During Maximal Treadmill Tests in Marathon Runners	Miss. Pui Yan Naomi FUNG (CUHK - ORT)
14	Effect of High intensity Interval Training on the Physical Fitness of Navy	Mr. KaiYuan QU (SUS - PEST)
15	Analysis of Risk-taking Change-over Behaviour in Swimming Relay Races	Dr. Xiao QIU (UK - SSS)

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1210 - 1230 Poster Presentation I - Project Proposal

No	TOPIC	SPEAKER
1	Identification of Training Related Risk Factors of Running Injury Using Big Data Analytics	Miss. Zoe Y.S. CHAN (POLYU - RS)
2	Prediction of Lower Limb Kinematics During Treadmill and Overground Running by A Single Inertial Sensor	Mr. Ben FULLER (WSU - SOHS)
3	Patients Undergo Bilateral Quadriceps Inhibition and Weakness After ACL Rupture	Mr. Tianzhi JIANG (CUHK - ORT)
4	The effect of Vitamin-D status on Quadriceps Muscle Weakness in patients after Anterior Cruciate Ligament Reconstruction	Mr. Chun Kit TSANG (CUHK - ORT)
5	The Effectiveness of Rehabilitation Strategies on the Recovery of Acute Hamstring Injury in Athletes: A Systematic Review	Miss. Chiu Man CHOW (CUHK - ORT)
6	Effective Exercises for Hip Osteoarthritis: A Systematic Review & Meta-analysis	Miss. Chenyue YAN (CUHK - ORT)
7	Effect of Proprioceptive Neuro-muscular Facilitation Intervention on postural control of Elderly Patients with Knee Osteoarthritis while Stepping over Obstacles	Miss. Bo GAO (SSU - SH)
8	Effects of Pilates Training on Physical Function and Psychological Wellbeing of Basketball Players	Miss. Yi Ting Niki LEUNG (CUHK - ORT)
9	The Rate of Return to Sport after Nonoperative Management of Shoulder Dislocations in Athletes: A Systematic Review	Mr. Siu Cheong Jonathan CHAN (CUHK - ORT)
10	Anterior Cruciate Ligament Injury Prevention Training in Athletes: A Systematic Review of Current Evidence On Secondary Injury Prevention	Miss. Choi Yan WONG (CUHK - ORT)
11	The Effect of Whole-Body Vibration on Patellofemoral Joint Pain after Anterior Cruciate Ligament Reconstruction	Mr. Xunrui CHEN (CUHK - ORT)
12	Effectiveness of A Handball Intervention Program for Shoulder Injuries on Cricket Players	Mr. Reshanga GOONETILLEKE (CUHK - ORT)
13	A Structured Non-operative Treatment Programme for Traumatic Triangular Fibrocartilage Complex Tears: A Quasi-experimental Study	Mr. Hing Cheung LAW (CUHK - ORT)
14	The Effect of Pulsed Electromagnetic Field (PEMF) In Patients with Quadriceps Weakness After Anterior Cruciate Ligament Reconstruction (ACLR)	Mr. Yun Pui LAM (CUHK - ORT)
15	Can a Structured Home-based Rehabilitation Program Reduce Dorsal Central Wrist Pain?	Miss. Lai Fan TSE (CUHK - ORT)

Abstract

Project Proposal



1545 - 1605 Poster Presentation II - Original Research

No	TOPIC	SPEAKER
1	Better Graft Healing and Less Post-Traumatic Osteoarthritis, The Dual Function of Matrix Metalloproteinase Inhibitor Doxycycline	Dr. Mingde CAO (CUHK - ORT)
2	Prevalence of Ankle Instability in Performers of Chinese Dance	Miss. Hei Ka Anson TONG (CUHK - ORT)
3	Telerehabilitation After Total Knee Replacement: A Systematic Review	Miss. Mei Po TSANG (CUHK - ORT)
4	Cross-cultural adaptation, reliability and validity of the Cantonese-Chinese version of the Cumberland Ankle Instability Tool (CAIT-HK)	Miss. Hei Ka Anson TONG (CUHK - ORT)
5	Bioactive Decellularized Tendon-Derived Stem Cell Sheet Promoted Early Graft Healing after Anterior Cruciate Ligament Reconstruction	Miss. Shiyi YAO (CUHK - ORT)
6	Reliability and Validity of Chinese Version of Victorian Institute of Sports Assessment – Achilles Questionnaire (VISA-A)	Miss. Man Chi KO (CUHK - ORT)
7	Expression of Adiponectin in Clinical Samples of Tendinopathy	Mr. Zuru LIANG (CUHK - ORT)
8	Effect of Vitamin D Supplementation on Serum 25(OH)D Concentration and Muscle Strength in Athletes: A Systematic Review and Meta-Analysis, The 2021 Update	Mr. Ho Pak Jeremy LIU (CUHK - MED)
9	“Doping? No!” A Longitudinal Evidence-Based Smartphone Application in Monitoring and Promoting Athletes’ Awareness to Unintentional Doping	Miss. Tracy Chor Wai TANG (EDUHK - CCFS)
10	Mode of Transport, Genetic Susceptibility, And Incidence of Coronary Heart Disease	Miss. Zhu Liduzi JIESISIBIEKE (HKU - SPH)
11	Associations of Genetic Susceptibility to High BMI-adjusted Waist-to-Hip Ratio and Adherence to a Healthy Lifestyle with Incidence of Coronary Heart Disease: the UK Biobank Study	Miss. Mengyao WANG (HKU - SPH)
12	Acute Effect of Kinesio Taping for Achilles Tendinopathy on Dynamic Balance and Jump-landing in Healthy Recreational Athletes	Mr. Chun Kit KWAN (CUHK - ORT)
13	The Effect of Exergaming on Balance in Stroke Patient: A Systematic Review	Miss. Sin Ling NGAI (CUHK - ORT)
14	Effects of a Modified Tap Dance Programme on Functional Fitness in Older Adults: a Randomized Controlled Trial	Miss. Qianwen WANG (CUHK - ORT)
15	Efficacy and Effect of Baduanjin Qigong Combined with Acupotomy on the Treatment of Neck-type Cervical Spondylosis	Ms. Ruihong TANG (EDUHK - HPE)
16	Effect of Group Based Shoulder Rehabilitation Exercise Programme on Shoulder Function in Older Adults with Diabetes	Miss. Pui Yan Naomi FUNG (CUHK - MED)
17	The Popularity and Public Awareness of Proper Usage of Foam Roller on Patellofemoral Pain Syndrome for Hong Kong Recreational and Professional Runners	Mr. Man Kiu LI (CUHK - ORT)
18	Effects of Simplified Eight-Form Tai Chi on Cutaneous Sensitivity and Proprioception Among Older Adults	Ms. Teng ZHANG (SSU - SH)
19	Investigation of The Cardiorespiratory and Affective Responses Between Aquatic and Land High Intensity Interval Training (HIIT) In Women	Miss. Man Ying KWOK (POLYU - RS)
20	To Compare the Immediate Effect of Functional Electrical Stimulation Vs Wobble Board Exercise on Muscle Reaction Time in Chronic Ankle Instability	Miss. Parichad PLANGTAISONG (LU - SSEHS)
21	Systematic Review and Meta-Analysis of Different Trunk Training Methods for Chronic Low Back Pain	Mr. Dhananjaya SUTANTO (CUHK - SSPE)
22	The Effect of Blood Flow Restriction Training on Elderly Patients following the Conservative Treatment of Distal Radius Fracture	Ms. Mingming YANG (SUS - PEST)

Abstract
Original Research

1605 - 1625 Poster Presentation II - Project Proposal

No	TOPIC	SPEAKER
1	Sports Science in Badminton	Mr. Yucheng HU (POLYU - ISE)
2	Effect of Autonomy Support in PE Lesson for Enhancing Physical Activity Level	Miss. Yuen Sum LAM (EDUHK - HPE)
3	An Experimental Ethnographic Study: Karate Training on Balance and Quality of Life Among Visually Impaired Individuals	Miss. Ka Man CHAN (HKMU - EL)
4	Effects of Exercise on Executive Function of Sedentary Young Adults and Possible Neurophysiological Mechanisms: A Pilot Randomized Controlled Trial	Mr. Borui ZHANG (EDUHK - HPE)
5	Lower Limb Kinematics and Muscle Activation Between Cyclists and Non-Cyclists of A Balance Bike Cycling Exercise	Mr. Pui-Hin AU YEUNG (EDUHK - HPE)
6	Reliability of Agility Assessment Tools for Young-Old Walking Football Players	Miss. Hoi Yiu NG (TWC - PT)
7	Effects of Tai Chi Versus Conventional Exercise on Anxiety Level for The Older Adults with Depressive Symptoms and Insomnia: A Study Protocol for A Randomized Controlled Trial	Miss. Wing Yin AU (HKU - SPH)
8	Effects of Sports Video Games on University Students' Perceived and Actual Physical Literacy and Physical Activities Levels	Mr. Wai-Keung HO (CUHK - SSPE)
9	A Proposal: Use of Innovative Wearable System to Measure Swimming Force	Miss. Wan Yu KWOK (POLYU - RS)
10	Development of A "Video Assisted Referee" System in Squash	Mr. Jonathan CHUI (CITYU - EE)
11	Relationship between Physical Ability and eSports Performance	Mr. Di TANG (CUHK - SSPE)
12	Association of Efficacy of Aerobic Exercise with Depressive Symptoms of Children and Adolescents: Protocol for a Systematic Review and Meta-analysis	Mr. Francesco RECCHIA (HKU - SPH)
13	Optimal Exercise Frequency of High-Intensity Interval Training (HIIT) For Centrally Obese Adults	Mr. Chit Kay LEUNG (HKU - SPH)
14	Effectiveness of Low-Frequency High-Intensity Interval Training Versus Moderate-Intensity Continuous Training for Reducing Visceral Fat in Centrally Obese Adults: Protocol for a Pilot Randomized Controlled Trial	Mr. Joshua BERNAL (HKU - SPH)
15	Effect of Tai Chi Exercise on Peroneal Muscle Reaction Time, Ankle Joint Proprioception and Balance in Subjects with Chronic Ankle Instability	Mr. Hao SUN (LU - SSEHS)
16	Predictors of Clinical Outcomes Following Total Knee Arthroplasty: A Retrospective Cohort Study	Miss. Wing Yan CHAN (CUHK - ORT)

Abstract
Project Proposal



TIME	PROGRAMME	SPEAKER
0930 - 1000	Registration 登記	
1000 - 1100	Sharing Session I: Indicating Sports Technology in Physical Education 分享環節一：應用運動科技 支援體育發展	MODERATOR: Dr. Lobo LOUIE
1000 - 1015	Technology in PE: Old Wine in New Bottles? 運動科技與學校體育：新瓶舊酒？(C)	Mr. Kevin KAM Senior Lecturer I, Department of Health and Physical Education & Director of School Partnership and Field Experience, The Education University of Hong Kong (EDUHK)
1015 - 1030	STEM Education in Physical Education 體育與STEM教育之融合 (C)	Ms. Annie WONG Chief Curriculum Development Officer (Physical Education), Education Bureau (EDB), HKSAR
1030 - 1045	New World of Play 玩樂新世界 (C)	Mr. Tony SUNG Co-founder, Nex Inc.
1045 - 1100	Integrating PE into Student Life - A New Vision 運動新視野 STEM in PE大趨勢 (C)	Mr. Howard WONG Founder and CEO, Active Learning Solutions
1100 - 1130	Panel Discussion 專題討論 (C)	All Session I Speakers
1130 - 1200	Networking Session 交流環節 Pre-function Hall, 1/F 一樓會議前廳	
1200 - 1300	Lunch Break 午膳	
1300 - 1400	Sharing Session II: Sports Technology for Performance Enhancement 分享環節二：利用運動科技 提升運動表現	MODERATOR: Dr. Daniel LEE
1300 - 1312	Application of Sports Technology in Football** 運動科技：足球篇 (C)	Ms. Yuen-ting CHAN Football Coach
1312 - 1324	The Barrier of Application of Sports Technology from the Elite to the Amateur ** 運動科技大眾化的障礙 (C)	Mr. Graham MAK CEO, RaceFit International Company Limited
1324 - 1336	Use of Technology in High Performance Rowing 運動科技：賽艇篇 (E)	Mr. Chris PERRY Head Rowing Coach, Hong Kong Sports Institute (HKSI)
1336 - 1348	Application of Wearable Technology into New Game Lacrosse Sixes 運動科技：棍網球篇——應用穿戴式科技 (E)	Mr. Wesley WONG S&C Head Coach, Hong Kong Lacrosse Association
1348 - 1400	How Technology is Helping to Improve Athlete and Team Performance in Rugby? 如何運用科技提高欖球運動員及隊伍的表現 (C)	Mr. Andy YUEN Performance Development Officer (Women), Hong Kong Rugby Union (HKRU)
1400 - 1430	Panel Discussion 專題討論 (E)	All Session II Speakers
1430 - 1500	Networking Session 交流環節 Pre-function Hall, 1/F 一樓會議前廳	

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TIME	PROGRAMME	SPEAKER
1500 - 1610	Sharing Session III: Sports Technology for Health & Wellness 分享環節三：運動科技發展 推動醫療健康	MODERATOR: Dr. Parco SIU
1500 - 1515	AR Rehabilitation Training Platform to Monitor the Performance with Therapists 治療師 + 智能家居AR實時復康指導訓練 (C)	Prof. Raymond TONG Professor and Chairman, Department of Biomedical Engineering, The Chinese University of Hong Kong (CUHK)
1515 - 1530	Benefits of Bio-electrical Impedance Analysis (BIA) to the Promotion of Health and Wellness: From an Empirical Perspective 實踐經驗：生物電阻抗分析(BIA)於健康促進方面的效益 (C)	Mr. Sam WONG Executive Director, Physical Fitness Association of Hong Kong, China (HKPFA)
1530 - 1540	A Real-Time and Continuous Health Monitoring System for Precautionary Diagnostics of Athletes 實時系統監測身體狀況 助運動員預防傷患 (C)	Mr. Jack CHEN Co-founder, PointFit Technology Limited
1540 - 1550	How Thermal Conductive Textile Uphold the Lifestyle? 智能發熱織物 革新生活日常 (C)	Mr. Stanley KWOK Co-founder, KnitWarm Limited
1550 - 1600	How Do Medical Wearable & AI Provides Insights on Exercises, Training & Sleep? 穿戴式科技與人工智能如何改善運動、訓練與睡眠 (C)	Dr. Lydia LEUNG CEO, Belun Technology Company Limited
1600 - 1610	Quantify Balance and Stability to Improve Sports Performance for Everyone ** 量化平衡力 改善穩定性 超越極限 (E)	Mr. Gary JIN CEO, Booguu Company Limited
1610 - 1640	Panel Discussion 專題討論 (C)	All Session III Speakers
1640 - 1710	Networking Session 交流環節	Pre-function Hall, 1/F 一樓會議前廳

Abstract of Sharing Sessions

Sharing Session I:
Indicating Sports Technology in
Physical Education



Sharing Session II:
Sports Technology for Performance
Enhancement



Sharing Session III:
Sports Technology for
Health & Wellness



Local Institutions

CUHK	JCSPPHC MED ORT SSB SSPE	The Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong Faculty of Medicine, The Chinese University of Hong Kong Department of Orthopedics and Traumatology, The Chinese University of Hong Kong School of Biomedical Sciences, Faculty of Medicine, The Chinese University of Hong Kong Department of Sports Science and Physical Education, The Chinese University of Hong Kong
CITYU	EE	Department of Electrical Engineering, City University of Hong Kong
EDUHK	CCFS HPE	Centre for Child and Family Science, The Education University of Hong Kong Department of Health and Physical Education, The Education University of Hong Kong
HKBU	SPEH	Department of Sport, Physical Education and Health, Hong Kong Baptist University
HKMU	EL NHS	School of Education and Languages, Hong Kong Metropolitan University School of Nursing and Health Studies, The Hong Kong Metropolitan University
HKU	IMSE SPH	Department of Industrial and Manufacturing Systems Engineering, The University of Hong Kong School of Public Health, The University of Hong Kong
HKUST	MAE	Department of Mechanical and Aerospace Engineering, The Hong Kong University of Science and Technology
POLYU	ISE RS	Department of Industrial and Systems Engineering, The Hong Kong Polytechnic University Department of Rehabilitation Sciences, The Hong Kong Polytechnic University
TWC	PT	Department of Physiotherapy, Tung Wah College

Overseas Institutions

BSU	HMS	College of Human Movement Science, Beijing Sport University
LU	SSEHS	School of Sport, Exercise and Health Sciences, Loughborough University
NYU	DPT	Department of Physical Therapy, New York University
OECU	LAS	Institute for Liberal Arts and Sciences, Osaka Electro-Communication University
SDU	NR	School of Nursing and Rehabilitation, Shandong Sport University
SSU	SH	College of Sports and Health, Shandong Sport University
SUS	PEST	School of Physical Education and Sport Training, Shanghai University of Sport
SZU	HFE	Institute of Human Factors and Ergonomics, Shenzhen University
UD	CAHID	Centre for Anatomy and Human Identification, University of Dundee
UK	SSS	Institute of Sports and Sport Science, University of Kassel
UW	DKH	Division of Kinesiology and Health, University of Wyoming
WSU	SOHS	School of Health Sciences, Western Sydney University

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