

## Hong Kong Association of Sports Medicine and Sports Science

### President Report 2015

1. I wish to take this opportunity to thank the council and our entire member for their election, support and contribution to the Association.
2. In the last year, a total of 3 Council meetings were held to discuss and follow the work of the Association.
3. As of December 2015, we have 221 members, of which 49 are Ordinary Members with 20 Fellows, 4 Associate Members and 168 student members.
4. Two sports medicine related training courses were organized. Our Team Physicians Course co-organized by our Association and the FIMS, A&E training center of Rutonjee Hospital and CUHK was successful held in September this year. I wish to thank the organizing committee, and in particularly the support from Dr. Patrick Yung from CUHK and his team.
5. The “Football Medicine: Team physiotherapist Course” co-organized with the Hong Kong Physiotherapist Association and Hong Kong Football Association in mid-November was well attended and well appreciated. Great thanks to Dr. Chung Wai Man, Mr. Quentin Yau and the team from Dr. Patrick Yung.
6. To promote and enhance the concept on the health and safety of our athletes, our association will host the “HKASMSS Symposium on Sports Medicine 2016: Pre-participation Physical Evaluation and Emergency Care in Sports Events” in January 10, 2016. It is co-organized by the HKSI, HKCU and supported by many other academic colleges and association in Hong Kong. In the afternoon of January 9, 2016, there will be one pre-symposium workshop on “**Liverpool John Moores University Hands-on workshop on Athletes ECG Interpretation & Echocardiography**” targeted to medical professionals and a “**Certificate course for event organizers on medical incidence Prevention in Sports Events**” targeted to event organizers. The team of Sports Cardiologists from Liverpool John Moores University, Prof. Gou-Ping Li and Dr. Hui Zhan from Beijing, Dr. Wai-Sin Chan from Macao and Dr. Victor chang from Taiwan and many other local experts would be sharing their expertise with us. Do not miss this excellent opportunity and get registered early.
7. Our exercise and dietetic apps, HK FitNuts 營運。港。健康, would be ready in the second quarter of 2016. We wish to thank Mr. Hardaway Chan, Ms. Sylvia Lam and their team for their great efforts.

8. Our coming event focusing sports Nutrition, the **“Sports nutrition and ISS conference 2016”** will be held in April 2016 at HKSI. There would also be a **“Certificate course on Sports Nutrition”**, co-organized by our association, the HK Dietetic Association and the Sports Nutrition Australia. We shall keep you posted.
9. Last but not least, We will have our Fellowship Admission during our HKASMSS Symposium 2016 in January 10. We wish to welcome Dr. Chung Wai Man, Dr. John TH Wong, Dr. Godwin Leung, a few others to be approved in our coming council meeting.
10. Our association had continued our on-site medical support our HKASMSS team of event physicians have covered the Hong Kong Golf Open program in October 2015.
11. For the purpose of public education and to ensure safety of participants in major sports events, our expert teams have supported the SHK vertical run for charity 2014 and 2016 through public education seminars and media interviews. We have also a series of educational interviews on Marathon Race at the RTHK. Great thanks to our members Dr. Louise Lobo, Mr. Justin Lee, Ms. Sylvia Lam, Mr. Gabriel Pun, Dr. Patrick Yung and others.
12. SMART Convention & Expo 2015 as organized with Department of Orthopaedics & Traumatology, Faculty of Medicine, CUHK and supported by the HKASMSS were successfully held in Prince of Wales Hospital. Dr. Patrick Yung was the Chairman of the event.
13. Two issues of the official journal, the Journal of Exercise Science and Fitness had been published in the year of 2014-2015. We wish to thank our chief editor Prof. Frank Fu for his great effort.
14. Our web site has a brand new facelift under the work of Dr Parco Siu and his team. We have published two newsletters from by Prof Cindy Sit and her team.

Prepared by

Dr. Gary Mak  
President, Hong Kong Association of Sports Medicine and Sports Sciences