## FIMS Team Physician Advanced Course

FC Porto Stadium
PORTO, PORTUGAL









OFFICIAL MEDICAL CENTRE



## **PROGRAMME**

- · Team Physician: Duties and Skills
- Preparticipation Exam
- · Preseason Performance Tests
- Preventing Sports Injuries
- Knee Injuries
- Fieldside Assessment and Medical Emergencies
- Lower Leg Injuries and daunting rarities
- · Ankle and Foot Injuries
- Muscle Injuries
- · Shoulder, Elbow, and Hand Injuries

- · Special Populations
- Medical Conditions
- Sports Nutrition
- Doping
- · Exercise Physiology and Special Conditions
- · Rehabilitation and Performance
- · Head and Neck Injuries
- · Hip, Pelvis and Spine Injuries
- Overuse Injuries

## REGISTRATION AND INFORMATIONS

http://jornadassaudeatlantica.com formacao@saudeatlantica.pt

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